Transition Planning: The Basics

Achieve Successful Outcomes AND Meet Mandates



- √ Help Students Prepare for Life After High School
 - √ Write IEPs that meet the Legal Mandate
 - √ Implement IEPs using Best Practices
 - ✓ Advocate for themselves

High Expectations + Effective Transition Planning = Positive Outcomes Readiness for College, Careers & Life After High School July 2023

Copies of this resource is available for purchase at the California Transition Alliance Website www.catransitionalliance.org. Compiled by Sue Sawyer, contact@catransitionalliance.org

Transition Planning: The Basics

References

This document is developed to assist IEP / transition teams that include youth, parents, educators and agency partners to develop effective transition language in the Individual Education Program (IEP) that is compliant with current legal mandates. It recognizes that **transition is a process- not a document** - so it lists the Federal and State mandates for secondary transition on one page with corresponding research-based best practices on the opposite page.

Primary Resources and References

National Technical Assistance Center on Transition (NTACT-Connect) http://www.transitionta.org

Transition Coalition www.transitioncoalition.org

IDEA Website https://sites.ed.gov/idea

Department of Education: Office of Special Education and Rehabilitation Services

www2.ed.gov/about/offices/list/osers

California Department of Education www.cde.ca.gov/specialeducation

California Department of Education Web-Guide to Secondary Transition www.cde.ca.gov/sp/se/st/ California Department of Education School Dashboard, 2019 https://www.caschooldashboard.org California Department of Education Career-Technical Education https://www.cde.ca.gov/ci/ct/

California Statewide Individualized Education Program (IEP) Report

California Alternative Pathways to a High School Diploma Workgroup Report

California Department of Health and Human Services

Blueprint for Competitive Employment http://www.chhs.ca.gov/Pages/Competitive-Integrated-Employment

California Department of Rehabilitation (DOR): www.dor.ca.gov

Department of Labor: Workforce Innovation and Opportunity Act (WIOA) www.doleta.gov/wioa

Workforce innovation Technical Assistance Center www.wintac.org

Department of Labor Office of Disability Employment Policy (ODEP): www.dol.gov/odep

Publications

The 2020 Federal Youth Transition Plan: A Federal interagency strategy for collaboration http://www.dol.gov/odep/pdf/20150302-FPT.pdf

The 2022 Youth Transition Report: Outcomes for Youth and Young Adults with Disabilities Institute for Educational Leadership www.iel.org

2022 California Opportunity Youth Data Report New Ways to Work www.nww.org

Transition Plan to Phase Out Minimum Wage (SB 639) www.dds.ca.gov

Indicator 13 language is based on the NTACT/NSTTAC) Indicator 13 Checklist
Percent of youth aged 16 and above with an IEP that includes coordinated, measurable, annual IEP goals and transition services that will reasonably enable the child to meet the post-secondary goals (20 U.S. S.C.1416(a)(3)(B).

IDEA regulations cited are based on Regulations: Part 300 / D / 300.320) Further, the regulations recognize that there are numerous mediating factors that positively or negatively affect an adult's acquisition of goals for which a school could not be held accountable (IDEA Part B, 614,(d)(1)(A)VIII;300.1(a). (Translation: LEA is not responsible for decisions students make after leaving school.)

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A Perspective

In 2004, transition services for students with disabilities were mandated in the Individuals with Disabilities Act (IDEA). In 2023 transition is a primary focus of education and the workforce development legislation. College and Career Readiness is **transition for all, including students with disabilities.** This focus validates the need to prepare all students to have a plan for their future as they leave the K-12 system. There is increasing focus on the value of post-secondary education as part of the path to employment for technical careers, as well as high-skill jobs. The job market is impacted by technology. All youth need strong academic skills and further education.

There are multiple pathways to careers from on-the-job training provided by employers, on-line educational opportunities, the military, apprenticeships, occupational certification, and traditional degree and certificate programs that are offered through community colleges and four- year universities.

There is an increasing focus on **Employment for All**. Employment First initiatives emphasize that work is a right and a responsibility for everyone who is capable of working.

Research tells us that the four most critical skills for success in employment are the 4 Cs:

1. Communication

2. Collaboration

3. Critical Thinking

4. Creativity

The primary reasons people work (in order of priority) are to:

1. Feel Good about Ourselves 2. Be Around Others 3. Continue to Learn 4. Stay Active 5. Make Money

There is increasing emphasis placed on post-school outcomes. We need to know if students who left school are working and/or pursuing post-school education and training. Are we adequately preparing them for their next destinations?

How are We Doing? A Look at the DATA 2022

High School Graduation with a Diploma: Source: CDE DataQuest, 2022

State Rate for 4 th and 5 th Year Cohort- All Students	87.4%
Students with disabilities	75.2 %
Drop-Out Rate for Students with Disabilities	14.0%
Opportunity Youth – Not in school or the workplace All Students	11%

Employment Rates for	Youth v	with Disabilit	ies No	Disabilities	(Source ODEP)
Ages 16 -19	29%		37 %	6	
Ages 20-24	50%		72 %	6	
PostSecondary Education Enrollment		Comn	nunity Colleg	e CSU	UC
College Going Rate for all students	63%	Of Those	53%	19%	12%
For students with Disabilities	41%		81%	8%	2%

The Good News

People who are competitively employed are contributing to the economy.

- 600,000 scientists and engineers currently employed have disabilities.
- Employment training and vocational experiences lead to better post-school outcomes.
- Some of the top innovators in the US have disabilities, including Chief Executive Officers of Ford Motor Company, Xerox, Turner Television and Apple. Many companies are striving for an inclusive workforce.

Terminology

It is important to be aware of recent legislation and reform initiatives that are being developed that impact transition for all youth, including students with disabilities. Here is a list of "buzz words" we need to know.



College Readiness is most defined as being ready for college level coursework without remediation. It means more than pursuing any post-secondary experience, including two- and four-year institutions leading to a credential, certificate, degree or license. (www.air.org)



Career Readiness means that a high school graduate has the English and math knowledge and skills needed to qualify for and succeed in post-secondary job training and or/education necessary for their chosen career. (www.air.org)



Work-Based Learning is defined in Ed. Code (51760-51769.5) as an educational approach or instructional methodology that uses the workplace or real work to provide pupils with the knowledge and skills that will help them connect school experiences to real-life work activities and future career opportunities. There are an array of work-based learning experiences for career awareness, career exploration, career preparation and career training.



Competitive Integrated Employment - The optimal employment outcome: Full time or part-time work at minimum wage or higher, with wages and benefits similar to employees without disabilities performing the same work, and fully integrated with co-workers without disabilities. (May include customized employment. Our goal is all youth leave school with the skills and experience to set goals for a family-sustaining wage.



High School Diploma is defined as the diploma that is provided to a preponderance of students statewide and is based on the course of study (list of classes) required by California Department of Education or local education agencies and embedded in Education Code (EC).



Self-determination is believing you can control your own destiny. Self-determination is a combination of attitudes and abilities that lead people to set goals for themselves and to take the initiative to reach these goals. It is about being in charge but is not necessarily the same thing as self-sufficiency or independence. It means making your own choices, learning to effectively solve problems, and taking control and responsibility for one's life. Practicing self-determination also means one experiences the consequences of making choices. (Source: Pacer Center at www.pacer.org



Person Centered Planning focuses on the individual's interests, skills, strengths and needs as stated by the individual. Person Centered planning requires engaging the individual in planning their goals. www.pacer.org



Inclusive Practices: *inclusion* secures opportunities for students with disabilities to learn alongside their non-disabled peers in *general education* classrooms. SIP Project: https://www.rcoe.us/student-program-services/supporting-inclusive-practices-sip-project



Asset Focused Assessment and Teaching focuses on the student's strengths and attributes. Helping students identify and leverage their strengths, interests and preferences can lead to more self-awareness and self-advocacy. www.understood.org

Federal and State Legislation is Aligned with Transition for All Students, Including Students with Disabilities.

Common Focus: Preparing All Youth to Meet Workforce Demands for the Future Employment, Post-Secondary Education and Training

Individuals with Disabilities Education Act (IDEA) Mandates for Transition

Mandates Transition Services

Based on post-secondary goals: Employment, Education/Training,

Independent Living

Validated by Assessments
Defined Course of Study
Transition Services
Annual Instructional Goals
Student Engagement
Collaboration with Agencies

Every Student Succeeds Act (ESSA)

Meet Challenging Academic Standards
Increase Inclusion in General Ed.

Accountability-

College and Career Readiness

(Ca School Dashboard)

Defines High School Diploma Defines Alternative Diploma

ESSA

IDEA



Perkins V funds Career Technical Education

Preparation for Employment
Career-Technical Pathways
Collaboration with Colleges
Career Development
Employability Skills
Work-Based Learning
Career Assessments
Inclusion of "special Populations
Standards for Career Ready Practice
Dual Enrollment / Early College

WIOA LCFF

Work Innovation and Opportunity Act (WIOA)

Coordinates workforce development resources, including Education,
Department of Rehabilitation

American Job Centers

Pre-Employment Transition Services

California Local Control Funding Formula Conditions of Learning Engagement

State Standards
Course Access
Expelled Youth
Foster Youth
Basic Services

School Climate Student Engagement Parent Involvement

Student Outcomes Student Outcomes Student Achievement

Trends in recently enacted state legislation 2022

Develop Civic Engagement / Volunteer Programs Middle College High Schools/Dual Enrollment 21st Century Skills Community School Partners
College and Career Access Pathways
Alternative High School Diploma Pathway

Mandate inclusion of Universal Design for Learning/Inclusion in teacher credentialing programs

Trends

Start Early

IDEA mandates transition starts by age 16 and earlier if appropriate. Research tells us we must start preparing for transition much earlier, at least at the Pre-School/Kindergarten level if students will have sufficient time to learn about themselves and make informed choices about their post-secondary goals.

We need to begin earlier than high school to develop academic, technical, and employability skills. When do children begin communication skills, interpersonal skills, teamwork, and problem solving? Answer: PreK-grade 3. These are the skills that are required to be employed as adults.

Inclusion in Regular Education enhances the opportunity to develop academic skills.

Every Student Succeeds Act (ESSA) emphasizes equal access to education, high academic standards and accountability. It recognizes that students with disabilities are general education students first. Increasingly, students with IEPS are included in general education classes.

Inclusion in general education requires students with disabilities to have access to general education curriculum and be engaged in regular education classes with peers without disabilities. It requires adoption of differentiated instruction, universal design for learning, and effective collaboration between general education and special education services to ensure adequate support services are provided.

There is significant value to inclusive education.

For Students with Disabilities	For Students without Disabilities
Higher rates of academic performance	 Greater gains in math and reading
More satisfied, diverse friendships	❖ Reduced fear of differences
Less disruptive behavior	❖ Greater empathy
Improved communication skills	❖ Increased social cognition
Better post-secondary outcomes	Improved self confidence

Source: State Inclusion Project: www.sipinclusion.org

Person Centered Planning

Person-centered planning is a process of discovering how an individual wants to live his life, identify his strengths and abilities, determining the supports he requires to live that life, and then creating a plan to make that life possible. The focus is on the person, not on the disability or the services available.

Person-Centered Planning is an integral part of planning by the Regional Center individual Program Plans and the Department of Rehabilitation Individual Plan for Employment.

2020 Predictors (Services) that lead to Outcome for students with disabilities.

National Technical Assistance Center on Secondary Transition-C (Researched Based, Evidenced Based Promising)

	Predictor/Outcomes	Education	Employment	Independent
	Services that are best practices	_	_	Living
nt / ing	Career Awareness: Start PreK / K	Р	Р	
ner Irni	Discover career options			
) Lea	Career and Technical Education	R	E	
velc ed	Training for specific careers, may be certified			
Career Development / Work Based Learning	Paid Employment / Work Experience	R	R	Р
aree Nork	Community Experiences: Middle School		Р	
0	May include Volunteering, youth organizations		_	
	(New) Technology Skills Accessiblility tools, use of		Р	
	technology in workplace, classroom and home			
_	Self Realization (New)		Р	Р
io u	Awareness of assets, talents, skills, challenges			
ninati	Self Care/Independent Living	Р	Р	R
Self Advocacy / Self Determination	Goal Setting (Employment/Education/Life Goals)			
/ Self I	Social Skills	Р	Р	
cacy /	Student Support:	Р	R	Р
f Advo	Psychological Empowerment	Р	Р	Р
Sel	Youth Autonomy / Decision Making	R	R	Р
	Youth lead the decision-making process			
	Program of Study: List of Classes required	R	R	
mic ment	High School Diploma Status		P	
Academic Development	Inclusion in General Education:	R	R	R
۵	Work Study: Develop academic skills in context of work		R	
e e	Parent Expectations	Р	R	
Parent Role	Parental Involvement:		Р	
y. uc	Interagency Collaboration:	Р	Р	
Interatgency Collaboration	Transition Program	R	Р	
Inte Coll	Travel Skills		Р	
	<u> </u>		I	I

This document lists each of the relevant Indicators at the bottom of Page B Sections for each element of transition

State Performance Plan

The Individuals with Disabilities Education Act (IDEA) requires each state to develop a state performance plan/annual performance report (SPP/APR) that evaluates the state's efforts to implement the requirements and purposes of the IDEA and describes how the state will improve its implementation.

The California State Performance Plan 2021-22

- 1. Graduation: Percentage of children with IEPs who earn a standard diploma
- 2. **Drop Out Rate**: Percentage of children who leave school without a diploma.
- **3.** Participation for children with IEPs on statewide assessments: Participation and proficiency rate Proficiency rate for children with IEPs who take alternative assessments.

Gaps in proficiency rates for students with IEPs who achieve academic standards.

- 4. Suspension and Expulsion Rate
- 5. **Education Environment**: Inclusion of children with IEPs in regular education.
- 6. **Preschool Environment**: Inclusion of young children ages 3-5 with IEPs in regular education.
- 7. **Preschool Outcomes**: Development of social-emotional skills, acquisition of knowledge and skills (early language, communication skills, early literacy)
- 8. Parent Involvement
- 9. **Disproportionate representation**: Inappropriate representation of racial and ethnic groups
- 10. Disproportionate representation of racial and ethnic groups in specific disability categories.
- 11. **Child Find**: Percentage of children evaluated within 60 days of receipt of parent permission.
- 12. **Early Childhood transition**: IEP development by third birthday.
- 13. Secondary Transition in the IEP

Compliance indicator: Percent of youth with IEPs aged 16 and above with an IEP that includes appropriate measurable postsecondary goals that are annually updated and based upon an age-appropriate transition assessment, transition services, including courses of study, that will reasonably enable the student to meet those postsecondary goals, and annual IEP goals related to the student's transition services needs. There also must be evidence that the student was invited to the IEP Team meeting where transition services are to be discussed and evidence that, if appropriate, a representative of any participating agency that is likely to be responsible for providing or paying for transition services, including, if appropriate, pre-employment transition services, was invited to the IEP Team meeting with the prior consent of the parent or student who has reached the age

- 14. **Post-School Outcomes**: Percent of youth who are no longer in secondary school had IEPs in effect at the time they left school and were: A. Enrolled in higher education within one year of leaving high school.
 - B. Enrolled in higher education or competitively employed within one year of leaving high school.
 - C. Enrolled in higher education or in some other postsecondary education or training program; or competitively employed or in some other employment within one year of leaving high school.
- 15. **Resolutions:** Hearing requests resolved through settlement agreements
- 16. **Mediations:** Hearing requests resolved through mediation agreements.
- 17. State Systemic Improvement Plan

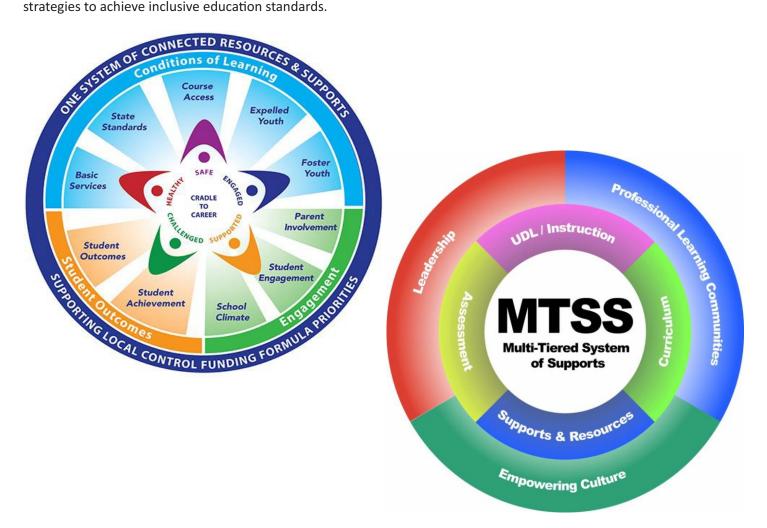
Indicator 17 State Systemic Improvement Plan

Research and experience tell us that students who stay in school and graduate are more likely to be able to work and continue their education. For students with IEPs, quality IEPs written to meet the mandate **AND** the spirit of transition have a higher likelihood of helping students prepare for their future. Finally, when well written IEPS are implemented using research-best best practices, students are even more likely to achieve positive outcomes. The CA School Dashboard provides data to measure outcomes at the state and local level.

The goal is to create a coherent educational system for All students and develop a statewide system for support.

The current State Systemic Improvement Plan focuses on improving academic achievement outcomes for students with disabilities and who are also English Learners, foster youth, and/or students who are eligible for free and reduced-price meals. A priority of this work is to set the foundation for one coherent system of education in which students receive the support they need in the most inclusive environment.

Multi-tiered Systems of Support requires supporting high-quality standards and research-based, <u>culturally and linguistically relevant instruction</u> with the belief that every student can learn and excel, including students of poverty, those who are gifted and high achievers, students with disabilities, English learners, and students from all ethnicities evident in the school and LEA cultures. Universal Design for Learning and Multi-tiered systems of support are effective strategies to achieve inclusive education standards.





State Measures

Academic Performance Chronic Absenteeism College/Career Readiness* English Learner Progress High School Graduation Rate Suspension Rate

California College and Career Indicators

College and Career Readiness is a growing concern nationally.

The workplace is changing. Opportunities are changing as technology and artificial intelligence impact all aspects of work. Students are required to master academic skills and acquire technical skills and pursue post-secondary education and training to prepare for careers of the future.

The State of California has identified strategies to measure college and career readiness.

These College and Career Readiness measures are based on the number of high school graduates who are prepared for college or a career. For more information, visit **www.caschooldashboard.org**. It is a helpful tool for schools to monitor progress and identify students who are struggling to achieve college and career readiness.

The following measures are approved as indicating college or career readiness:

- Career Technical Education Pathway Completion
- Grade 11 Smarter Balanced Summative Assessments in ELA and mathematics
- Advanced Placement Exams
- International Baccalaureate Exams
- College Credit Course (formerly called Dual Enrollment)
- a–g Completion
- State Seal of Biliteracy
- Military Science/Leadership

In addition to the indicators listed above, students with IEPs can also document career readiness through:

WorkAbility I Work-Based Learning Program Completion

Transition Partnership Program and Work-based Learning Completion

Focus on Work-based Learning, Internships, Apprenticeships, Employment

Department of Rehabilitation: Pre-Employment Transition Services

Secondary Transition Services as Defined in IDEA

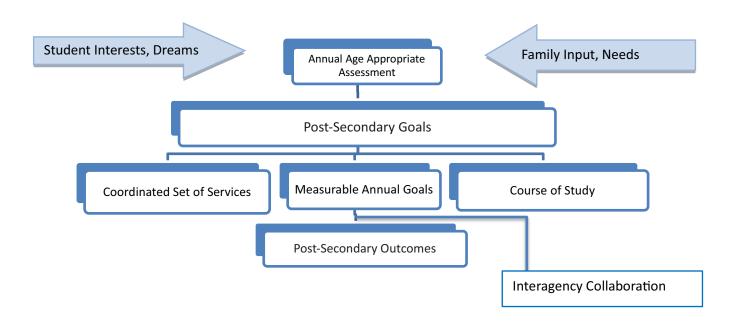
The term "transition services" means a coordinated set of activities for a child with a disability that: (34 CFR 300 43(a) 120 U.S.C. 1401 (34)

- Is designed to be within a results-oriented process, that is focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-school activities:
- Including post-secondary education, vocational education, integrated employment (including supported employment), continuing and adult education, adult services, independent living, or community participation.
- Is based on the individual child's needs, taking into account the child's strengths, preferences, and interests; and
- Includes instruction, related services, community experiences, the development of employment and other postschool adult living objectives, and, if appropriate, acquisition of daily living skills and functional vocational evaluation.

And includes:

- To the extent appropriate, with the consent of the parents or child who has reached the age of majority, the public agency must invite a representative of any participating agency that is likely to be responsible for providing or paying for transition services. (34 CFR 300.321(b)(3))
- Transition services, begin not later than the first IEP to be in effect when the child turns 16, or younger if determined by the IEP Team, and are updated annually. The IEP must include measurable post-secondary goals based upon age-appropriate assessments related to training, education, employment, and where appropriate, independent living skills and the transition services (including the course of study) needed to help the child in reaching those goals

How to Construct the Transition Individualized Education Program



Postsecondary Education Employment Independent Living Quality

IEPs

State Performance Plan

IDEA requires each state to develop a performance plan and evaluate progress toward achieving the goals listed on the plan.

The State of California's Performance Plan lists four indicators that specifically related to secondary transition:

Increase Percent of youth with IEPs graduating with a regular diploma (2) Decrease the drop-out rate
 (13) Achieve compliance with federal guidelines on the IEP
 (14) Improve outcomes in employment, education/training, and independent living

The California State Performance Plan Indicator 13: "Achieving Compliance with Federal Guidelines on the IEP"

Schools are required to document the IEP meets the elements of Indicator 13.

In order to be compliant, the answer should be "yes" to each of the following questions.

This tool ensures the IEP is written as required by federal regulations.

- 1. Are there appropriate measurable post-secondary goals in the areas of education & training, employment, and as needed, independent living skills?
- 2. Are the post-secondary goals updated annually?
- 3. Is there evidence that the measurable post-secondary goal(s) were based **on age-appropriate transition assessment?**
- 4. Are there **transition services** in the IEP that will reasonably enable the student to meet his/her post-secondary goal?
- 5. Do transition services **include courses of study** that will reasonably enable the student to meet his or her post-secondary goal(s)?
- 6. Is (are) there annual IEP goals related to the student's transition service needs?
- 7. Is there **evidence that the student was invited to the IEP team meeting** where transition services were discussed?
- 8. If appropriate, is there evidence that a representative of any participating agency was invited to the IEP team meeting with prior consent of the parent or student who has achieved the age of majority?

- 1. Post-secondary Goals
 - Education and training
 - Employment
 - Independent Living
- 2. Update Annually
- 3. Age appropriate assessment
- 4. Transition services
- 5. Course of study
- 6. Annual goals directly related to post-secondary goals
- 7. Student Invited to the IEP
- 8. Representative of agency that provides post-school transition support invited to the IEP.

Remember, it is necessary to provide documentation in the student record of:

- Assessments
- Invitations to student
- Invitation to agencies or justification for not inviting agencies.

Assessments drive the IEP and document the need for services.

Reasons agencies are not invited or don't attend with that justify the indication that it is not applicable:

- -Agencies that will pay for or provide services listed in the IEP are not available.
- -Parent or student at age of majority refuses to consent.
- -It is too early to determine the student will need agency involvement.

Some agencies may not attend the IEP, but do provide services. These services need to be documented in the student's record.

The IEPTransition: The IEP This is one example of an IEP.

A workgroup was established by the California Department of Education, 2021 to explore strategies to develop an IEP template that focuses on assets. The report is continuing to be studied. For more information https://www.scoe.net/divisions/ed_services/workgroup_reports/

udent Name	Date of Birth/ IEP Date/
udent Invited Yes No	8 If appropriate, and agreed upon, agencies invited Yes No NA
escribe how the student participated in the proce	Present at meeting Interview Prior Interest Inventories Questionnaire
ge-appropriate transition assessments/instrumer escribe the results of the assessments	nts were used Yes No
Student's Post	Secondary Goal Training or Education (Required)
Upon completion of school I will	Transition Service Code as Appropriate
	Activities to Support Post Secondary Goal 4
1.2	Community Experiences as Appropriate
Linked to Annual Goal #	сыппанку сърсненося аз трргорнате
Person / Agency Responsible	Related Services as Appropriate
Student's	Post Secondary Goal Employment (Required)
Upon completion of school I will	Transition Service Code as Appropriate 4
	Activities to Support Post Secondary Goal
1.2	Community Experiences as Appropriate
Linked to Annual Goal #	
Person / Agency Responsible	Related Services as Appropriate
Student's Post So	econdary Goal Independent Living (As appropriate)
Upon completion of school I will	Transition Service Code as Appropriate
1.0	Activities to Support Post Secondary Goal
1.2	Community Experiences as Appropriate
Linked to Annual Goal #	
Person / Agency Responsible	Related Services as Appropriate
	Page 2
tudent Name	Date / /
IEP1	Date
istrict Graduation Requirements	
ourse of Study 5	
ourse or study	cowark from current year to anticipated evit year in order to each to the
multi-year description of student's cours tudent to meet their post secondary goal	sework from current year to anticipated exit year, in order to enable th
addit to fricer their post secondary godi	

What do our students do after they leave high school?

SPP Indicator 14

There is an increasing emphasis on "outcomes" that answer this question:

There is a mandate to conduct follow-up surveys to verify the percentage of students who are no longer in secondary education, had IEPs at the time they left, and were pursuing post-secondary education and training and/or employment goals.

Revised Definitions of post-school outcomes

Revised Definitions of post-school outcomes				
Outcomes	Definitions			
Enrolled in higher education within one year of leaving high school.	Youth have enrolled on a full- or part-time basis in a: community college (2-year program) or college/university (4- or more year program) for at least one complete term since leaving high school			
Enrolled in higher education or competitively employed within one year of leaving high school.	Youth have worked for pay at or above the minimum wage in a setting with others who are nondisabled for a period of 20 hours a week for at least 90 days at any time in the year since leaving high school. This includes military employment.			
Enrolled in other postsecondary education or training program; or competitively employed or in some other employment within one year of leaving high school	Youth have been enrolled on a full or part-time basis for at least one complete term at any time in the year since leaving high school in an education or training program (e.g., Job Corps, adult education, workforce development program, vocational technical school which is less than a 2-year program).			
Some other employment	Youth have worked for pay or been self-employed for a period of at least 90 days at any time in the year since leaving high school. This includes working in a family business (e.g., farm, store, fishing, ranching, catering services etc.).			

Source: National Technical Assistance Center on Transition (www.transitionta.org

How are we doing? State Data

Outcomes	Students with Disabilities	Students without disabilities
College and Career Ready	9%	44%

1A. Mandates: Write appropriate, measurable post-secondary goals (IDEA 2004 Section 614(d)(I(A)VIII)

Post-secondary goals are statements of what the student will achieve after leaving high school. The goals must be stated in terms that can be measured. Words like "hopes to, plans to" are not measurable.

What should measu	rable post-secondar	y goals look like?	
Use this f	formula to state the	goal:	
After high school I will			
	Behavior	where/ho	
Example: After high school I will enroll at Shasta Colle	ege to earn an Early	Childhood Education	on Credential.
These post-secondary goal statements are examples of Goal statements in the IEP need to reflect the student		e based on IDEA gui	idelines.
Post-secondar	ry education / trai	ning goals	Required
After	High School, I will	!	
Enroll in a college or university to study Earn an occupational certificate in	cosmetology, pet gr	·	uipment operation, etc.)
En	nployment Goals	Requi	ired
 Get a competitive job - work full time / part time Get a job that is integrated competitive employme Start a business – Entrepreneurship (specify busin Do volunteer work in the community (specify volu 	ent (specify employr less desired)	ment desired)	
ı	Independent Livin	g As Ne	eeded
Live independently	_		
Live with family, roommates			n the goals listed in the IEP
Live independently with supportive services	Do	es the student hav	e sufficient information

Live in group home

- Manage finances, household
- Access community independently
- Use Public transportation
- Participate in leisure and recreation activities in the community.

about themselves and their options to make informed choices?

Are the goals listed:

The Student's Goals?

Based on age-appropriate assessments?

Do they occur after high school?

Are they "measurable – Countable?

2A. Mandates: Update Goals Annually

Goals need to be updated annually. Goals may change as students gain experience, opportunities, training and work experience. Post-secondary goals evolve from general to specific as students grow and mature.

1B. Best Practices: Writing appropriate measurable post-secondary goals

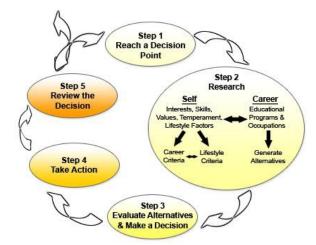
When measurable post-secondary goals are the core of the IEP, the educational plan makes sense to students,

parents, teachers, counselors and transition agency partners.

The IEP is based on student's goals.

The IEP is based on student's learn and that students learn and that is important that students process.

It is important decision-making process.





Set the expectation that students have the right and responsibility to work if they can. Focus the IEP on the **student's** plan for their future.

Engage students in decision-making process beginning at the latest, in middle school.



Focus on the career/employment goal first. Utilize job information (O'NET) to validate education and training requirements and the skills needed for successful employment.



Incorporate career information into the IEP related to education requirements, and skills and abilities defined in CA Career Zone and My Next Move occupation information.



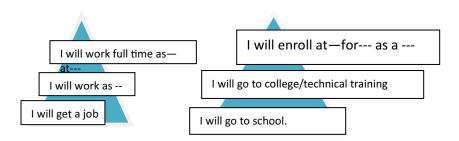
Validate goal statements annually using annual career / transition assessment data. Encourage students to present their goals through authentic assessments.



Engage students in developing their individualized learning plans, a sample planning tool



Goals change and should move from general to specific as students mature.



2B. Best Practice: Update goals annually

As students mature, and have new experiences, their goals mature and need to be reviewed annually through an assessment process. The review process may verify goals and services remain the same- or new goals will be set by the student. The goals need annual review to validate or update them to reflect current goals.

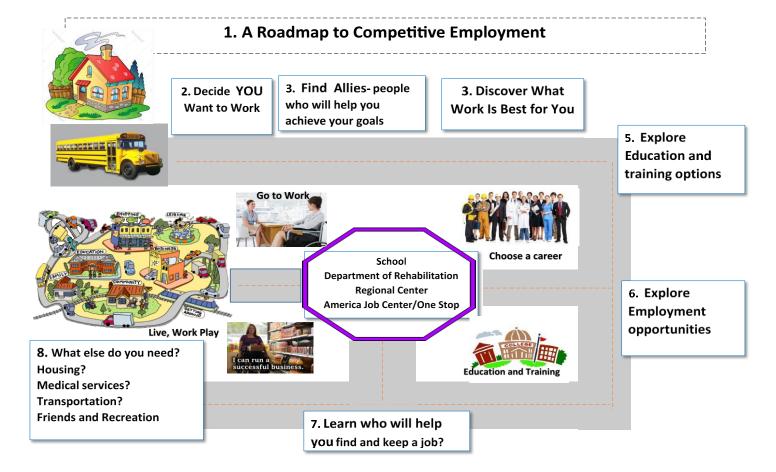
3A. Mandates: Goals are based on age-appropriate assessments

IDEA 2004 stipulates: "The IEP must include measurable post-secondary goals based upon age appropriate assessments related to training, education, employment, and where appropriate, independent living skills and the transition services (including the course of study) needed to help the child in reaching those goals".

Federal IDEA Guidance: Each year, the transition assessments should be revisited in a more specific manner, targeting the student's development. For students in grades nine and ten, a career exploration measure or interest inventory is typically satisfactory. For an older student, a vocational skills assessment is more appropriate. Assessment should address all three components of transition- employment, post-secondary education and training, and independent living. Assessment information may be summarized on the Transition Page of the IEP or the section that describes present levels of academic achievement and functional performance.

Basic assessment strategies include interviews, the discover process, interest surveys, computerized information systems, portfolios, observation, and interviews. There is an array of free tools and resources available. Transition assessment includes career/vocational assessments and an evaluation of other transition issues (academic skills, readiness for transition, life skills, resources, and eligibility for support systems). Assessments should document the entire transition IEP. They should validate post-secondary goals, identify needed transition services, and most importantly, help students and their families set goals and plan their future.

- Assessments should be reviewed annually to form the basis for all aspects of the transition plan.
- As students move closer to leaving high school, it is important to address issues related to readiness for transition, availability of resources and eligibility for service



3B. Best Practices: Goals are based on age-appropriate transition assessments.

Person-Centered Planning is the key to quality transition planning and preparation.

Assessment should lead to self-discovery.

- Who am I? Who are my allies?
- What are my unique talents and interests? What do I do (hobbies, recreation, interests)
- * What do I want in life now and in the future?
- * What are the main barriers to getting what I want from school and my community?
- What are my options for achieving my goals?

And lead to gaining personal insight that leads to informed choices!



Elements of a Person Centered Plan

My Likes, Dislikes What Works – Or Not

My Gifts, Talents My Life Story
My Challenges Places I Go

Choices I Make How I Communicate
How I Interact My Health, Wellness



Reflections on assessments

Is it easy for the student to use?

Is it age/grade appropriate? Can students relate to language?

Does it stereotype career choices?

Is it easy to read and interpret? (Does it assess interests or reading skills)?

Does it provide feedback that leads to reflection?

Does it enhance insights?

Does it reflect the current /emerging job market employment skills?

Are assessments provided annually to identify post-secondary goals?



Some of the Most Common and Easily Accessed Free Assessment Resources

	T
California Career Resource Network (CalCRN)	Person Centered Planning Resources
California Career Zone Lesson Plans	MAPS https://inclusion.com/path-maps-and-person-centered-
Career Surfer Mobil App California Career Center	planning/
www.californiacareers.info	Charting the Life Course
	https://www.in.gov/fssa/ddrs/files/LifeCourse-Tools.pdf
	Camp Networx www.campnetworx.org
Life Skills inventories:	Resources for Individuals with ID/DD
Casey Life Skills (Rates life skills)	E Jam Environmental Assessment www.transitioncoalition.org
www.caseylifeskills.org	How I want to Spend My Time
Transition Health Care Checklist	http://www.dds.ca.gov/ConsumerCorner/docs/HowlWanttoSpen
http://www.portal.state.pa.us	dMyTime English.pdf
National Career Information resources	Assessment using the Discovery Method engages youth and their
O'NET- (a National databank of career information)	allies to identify goals, dreams, assets, allies and challenges. It may
www.onetonline.org www.mynextmove.org	form the foundation for students to present their goals in a multi-
Employment Development Department: edd.ca.gov	media format as the mature while in school.
Labor Market Information Work Smart	www.imdetermined.org
Occupational Guides Local job information	
Bureau of Labor Statistics have resources for students.	Skills to Pay the Bills http://www.dol.gov/odep/topics/youth/softskills/
www.bls.gov/k12students.htm	Individualized Learning Plans
Occupational Outlook Handbook bls.gov/ooh	https://www.dol.gov/agencies/odep/program-
My Skills My Future	areas/individuals/youth/individualized-learning-plan
https://www.myskillsmyfuture.org/	Jobs described in children's literature

4A. Mandates: Transition services

The term "transition services" means a **coordinated set of activities** for a child with a disability ...

IEPs are required to list transition services that will be provided to help youth achieve their transition goals.

- Transition services, begin not later than the first IEP to be in effect when the child turns 16, or younger if determined by the IEP Team. Annually updated IEPs must include measurable post-secondary goals based upon age-appropriate assessments related to training, education, employment, and where appropriate, independent living skills and the transition services (including the course of study) needed to help the child in reaching those goals.
- IDEA defines the services as instruction, related services, community experiences, the development of
 employment and other post-school adult living objectives, and, if appropriate, acquisition of daily living
 skills and functional vocational evaluation.
- The Workforce Innovation and Opportunities Act (WIOA) mandates that the Department of Rehabilitation, American Job Centers and Education agencies work together to provide Pre-Employment Training Services to youth and students with disabilities. (www.wintac.org).

 The Office of Special Education and Rehabilitation has verified pre-employment transition services should be included as a transition service.

Transition Services	Pre-Employment Transition Services
Education	Department of Rehabilitation
Specialized Academic Instruction	Workplace Readiness Training
	Explore Career Options
	Non-Traditional Career Choices
College Awareness Preparation	Counseling on Post-Secondary Education
	Career Pathways
Career Awareness/Planning,	Job Exploration Training
Self-Advocacy,	Career Development
	Work Based Learning
	Self-Advocacy Training
	Peer Mentoring
	Disability Understanding/Disclosure
Work Experience	Work Based Learning
Job Coaching	

Steps to Career Development Self Awareness **Career Awareness** Speakers in classrooms **Career Fairs** Career Exploration Job Shadowing Interviews **Career Mentoring** Service Learning/Volunteering **Student-led Enterprises** Career Development Internships / Apprenticeships Volunteering / Service Learning **Work Experience Employment** Entrepreneurship

Transition Services related to College and Career Indicators may also be considered.

Workforce Readiness (Strategic Skills) Certificate Program Completion

Pre-Apprenticeship Certification Program Completion

Pre-Apprenticeship Non-certified Program completion

State or Federal Job Program Completion (Example: Job Corps, Youth Build)



Agency Linkage Travel Training

Other Related Services

Reflection on services listed in the IEP.

Are the services listed justified in the assessment?

Do the services meet the individual student's needs and goals?

Do the services prepare the student to make informed choices?

Do the services prepare students for employment and post-secondary education?

4B. Best Practices: Transition services

The coordinated set of activities delineates who will do what this year to assist the student in achieving the annual goals to support movement toward the post-secondary outcomes.

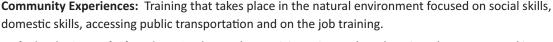
Evidence-Based Best practices tell us:

- ❖ It is recommended that there should be at least one transition service listed that corresponds or connects to each post-secondary outcome; and
- ❖ The student's IEP should document transition services that focus on improving the academic and functional achievement of the student to facilitate their movement from school to post-school and,
- Transition services include academic and functional activities, supports and services.

As we review language in recent legislation that directly relates to transition (WIOA, ESSA, Higher Education Opportunity Act) and make connections to IDEA, the following themes emerge.



Self-Advocacy: Self-determination skills, knowledge of disability and accommodations, leadership opportunities, goal setting and problem-solving lead to post-school success.

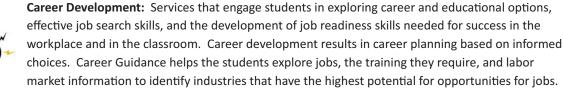




Inclusion in General Education: Students who participate in regular education placements, and in career technical and occupation specific classes, are more likely to be engaged in post-high school education, employment, and independent living.



Industry certifications / Scaffolded certificates: Broaden opportunities for employment for students.





Career-Technical Training through career pathways that lead to high pay, high demand jobs.

Participation in internships and apprenticeships. Earning Stackable Credentials enhance employment opportunities.



Early College experiences through dual enrollment enhances the transition from high school to postsecondary education and training.



Paid Employment / Work Experience: Working provides an opportunity to apply learning and develop college and career readiness, knowledge, and skills (academic skills, technical skills, higher order thinking skills and applied workplace skills) that lead to employment.



Connections: Workplace mentors, family support system, interdisciplinary and interagency

Collaboration. **Local Partnership Agreements** that define roles, referral processes, service, and agreements to participate as members of the IEP team greatly enhances movement.

From school to adult services. Source of Information: A Transition Guide, May 2017

5A. Mandates: Course of study

Courses of study are defined as a multi-year description of coursework to achieve the student's desired post-school goals, from the student's current to anticipated exit year. (NSTTAC Indicator 13 Guide)

Based on a review of legislation and California Education Code (EC) that inform the course of study for the state of California, and, with the goal of making sure we do not create liabilities for any students, the High School Alternative Diploma Pathway workgroup made the following recommendations:

1. The course of study must intentionally and explicitly reflect each student's secondary completion goals and post-secondary transition goals.

The state of California has multiple pathways to a diploma defined:

- Achieve a standard high school diploma based on local mandates with or without accommodations.
- Achieve a standard high school diploma based on state minimum course requirements with Board approval.
- 2. For students who plan to earn a high school diploma the student must meet State and district graduation requirements unless the IEP team determines this student qualifies for a diploma that is based on state course requirements. This exception currently exists for specific student populations. Inclusive practices recognize that students with disabilities may also be academically successful-or challenged. They may be disadvantaged economically, members of racial, ethnic minorities, living in poverty, experiencing language barriers, foster youth or adjudicated youth. Sensitivity to these issues is essential. This has implications for students with disabilities earning a high school diploma.
- 3. Elective classes or those meeting the State and district graduation requirements such as performing and visual arts, foreign language (language other than English including American Sign Language), and career technical classes should reflect the individual student's career interests and post-secondary goals.
- 4. The course of study should be sufficiently generic to be portable across district and/or state lines.
- 5. Student progress toward achieving a high school diploma should be monitored at least once annually with consideration given to attendance, grades, credit status and other educational performance measures. The course of study should also be reviewed at least once annually for all students.
- 6. It should be recognized that, to the maximum extent possible, attainment of a high school diploma should be recognized as partially meeting post-secondary education and employment goals. (Some employers require a diploma to meet their minimum requirement when considering job applicants).
- 7. It should be emphasized that the course of study and attainment of a diploma or certificate are not sufficient to document the provision of transition services as mandated in IDEA.

The newly defined Alternative Diploma pathway (EC 51225.31) provides an opportunity for students who have traditionally earned a certificate of completion to earn a high school diploma. This option is based on federal guidelines that require students with significant cognitive disabilities to take the alternative assessments and be taught a "standards aligned curriculum." The workgroup recommends these students are offered a diploma that is aligned with federal mandates through an alternative pathway. However, the diploma is a standard diploma. Notation of the alternative diploma pathway in the transcript allows the students to be eligible for a free and appropriate education to age 22.



Reflection on the high school diploma

Does the LEA recognize the importance of the high school diploma for all students, including students with significant cognitive disabilities?

Are all students expected to earn the diploma?

Are students with IEPs engaged in standards-based curriculum? Are they providing accommodations if necessary? Are they offered training to use of accessibility features in computers, tablets, and phones to accommodate themselves?

5B. Best Practice: Course of study

The course of study defines **the multi-year set of classes** in the pathway to secondary goals (graduation, diploma, and certificate) that begins in middle school and culminates the last year in school. It defines what courses the student will complete from now to the end of K-12 education. **If the Post-secondary Education Goal** is to enroll at a college or university, the post-secondary institution entrance requirements influence the course of study

Ed Code 51225.3	State	CTE Path		CSU	UC
English	3	3		4	4
Math	2	2		3	3
Science	2	2		2	2
Social Science	3	2		2	2
Visual / Performing Art	1			1	1
Foreign Language	1			2	2
Career Technical		2		1	1
PE	2	2			
		Local	req	uireme	nts

The State defines a mandatory course of study. Local Education Agencies can add requirements. Ed Code 51225.31 enacted June 2022 stipulates that students with significant cognitive disabilities are eligible to take the alternative assessment and are engaged in a standards-aligned curriculum may earn a high school diploma that waives local requirements for the diploma and is based on the state course of study. This option allows the student to continue their education to age 22 based on their right to FAPE.

Or the local governing board of the LEA with active involvement of parents, Administrators, teachers and pupils shall adopt alternative means for pupils To complete the prescribed course of student which may include:

- Practical demonstration of skills and competencies
- Supervised work experience or other outside school experience
- Career-Technical education classes
- Courses offered by the regional occupation centers or programs.
- Interdisciplinary study
- Independent study
 - Credit earned at a post-secondary institution.

These student populations may qualify for state
diploma requirements or alternative means that
include waiving local diploma requirements

- ☐ Foster Youth
- ☐ Military Family Member
- ☐ Recent Immigrant
- ☐ Alternative Ed. Participant
- ☐ Homeless Youth
- ☐ Former Court School Youth
- Electives are defined as Foreign Language (a language that is not English), Visual/Performing Arts, and Career-Technical Education classes and Regional Occupation Programs/Classes.
- The course of study may also include extracurricular activities that relate to post-secondary goals (yearbook, school newspaper, athletics, student leadership organizations (Future Farmers of America, Future Business Leaders of America, Key Clubs, etc).
- Career Technical Pathways are defined in the LEA's Carl Perkins Plan. Perkins V mandates inclusion of students with disabilities in career pathways. It also recommends programs beginning at middle school.
- Grading systems should be defined as increasing numbers are students with IEPs are included in general education classes.

The Certificate of Completion is NOT Equivalent to the High School Diploma. It does not meet Employment qualifications if the employer requires a diploma. It does not qualify students for financial aid for continuing education if the source of financial aid requires a diploma. There is an exception for students with significant intellectual disabilities who do not earn a diploma who are transitioning from K-12 education to colleges and universities that have programs to meet their needs. It is the recommendation of the workgroup that a certificate of completion is rarely offered, and the decision is local.

The workgroup report entitled California Alternative Pathways to a High School Diploma stipulates there is nothing. In Ed Code that prohibits an IEP team from requesting a waiver from local requirements for the diploma and allowing the student with exceptional needs to earn the diploma using the same requirements for specific student populations.

The high school diploma a ticket to work and to postsecondary education and training-and financial aid.

High School Diploma Status – Program of Study – Inclusion in General Education

6A. Mandates: Annual IEP goals

Federal Guideline

For <u>each</u> area where a post-secondary measurable outcome/goal is identified, a measurable, annual IEP goal must be developed.

IDEA defines annual goals in Regulations: Part 300 / D / 300.320 / a / 2 / i

A statement of measurable annual goals, including academic and functional goals designed to-

- (A) Meet the child's needs that result from the child's disability to enable the child to be involved in and make progress in the general education curriculum; and
- (B) Meet each of the child's other educational needs that result from the child's disability;

Functional skills are defined as motor skills, social interaction and communication, personal living skills, and community living skills) and on an overall measure of independence. Source: The Academic Achievement and Functional Performance of Youth With Disabilities A Report From the National Longitudinal Transition Study-2 (NLTS2) 2006

Annual goals may be listed in the IEP in the section entitled Annual Goals and Benchmarks and referenced by number on the Transition pages of the IEP.

The Annual IEP Goal identifies what will be worked on this year to build the student's skills in achieving the post-school outcomes.

A Transition Plan has two types of goals:

Post-Secondary Goals	Measurable Annual Goals
Measurable statements of what a student will achieve leaving high school.	What will be worked on this year to help build the student's skills in achieving the post-secondary outcome?
Post = AFTER Secondary = HIGH SCHOOL	Annual = EACH May be a statement in the transition plan of the academic goals

A recent supreme court ruling (Endrew F. v Douglas School District, December 2017) stipulated that to meet its substantive obligation under IDEA, a school must offer an IEP that is reasonably calculated to enable the child to make progress appropriate in light the child's circumstances. The Court emphasized that every child should have the chance to meet challenging objectives. The Department of Education interprets this to mean that each child must be offered an IEP designed to provide access to instructional strategies and curricula aligned to both challenging State academic standards and ambitious goals, based on the unique circumstances of the child. (Source United States Department of Education December 7, 2017, Questions and Answers on U.S. Supreme Court Case Decision Endrew F. v Douglas School District www.ed.gov)



Reflections on annual goals

Do the annual goals reflect preparation for the student's goals?

Are the annual goals a reflection on teacher and parent expectations for the student?

Are the annual goals aligned with academic standards?

Do the annual goals reflect what the student needs to know and do in the "next environment?"

Do annual goals reflect the need for inclusion in general education?

Do they provide accommodations? Are students encouraged to utilize accessibility tools?

Are all students offered the opportunity to learn academic standards-beginning PreK – Grade 12

Do your students have the opportunity to earn the high school diploma?

6B. Best Practices: Annual goals

The annual goals or instructional objectives define what the student is reasonably expected to learn this year in order to achieve the post-secondary goal.



The formula for writing annual goals is SMART

Specific Measurable Action Realistic/Relevant Time Limited



As students with IEPs are integrated into general education classes, these are commonly used terms that relate to teaching and learning. California Ed Code references these terms in the areas of assessment and teaching specific student populations, such as English Learners, as well as students with disabilities.



Resources that help teachers align transition topics to academic standards are:

College and Career Readiness Standards and Research Identified Transition Skills

https://ytp.uoregon.edu/sites/ytp2.uoregon.edu/files/CCR%20Anchor%20Standards%20and%20Transition%20-%20Final%2011032016-min.pdf

Universal Access/ Design: Universal Design for Learning (UDL) means a scientifically valid framework for guiding educational practice that —(A) provides flexibility in the ways information is presented, in the ways students respond or demonstrate knowledge and skills, and in the ways students are engaged; and (B) reduces barriers in instruction, provides appropriate accommodations, supports, and challenges, and maintains high achievement expectations for all students, including students with disabilities and students who are limited English proficient.

Universal Design for Learning Guidelines

I. Provide Multiple Means of Representation

I. Provide options for perception

I. Provide options for perception

I. Options that assemine that deplay of information

I. Options that assemine the assemine that the means of provide options for recursting interest

I. Options that deplay assemine and interesting

III. Provide options for comparison of Engagement

III. Provide options for provide Engagement

III. Prov

Higher Education Opportunity Act of 2008 www

www.pacer.org http://lessonbuilder.cast.org/.

Suggested Steps to Create a Standards Aligned Curriculum

- 1. Identify what students need to know and do at each grade level based on state standards
- 2. Unpack "scaffold" the standard if necessary. Analyze sub-goals
- **3.** Develop the instructional goal.

Utilize Effective Teaching Methodologies: Generic list of teaching Methodologies:

https://onlinedegrees.sandiego.edu/complete-list-teaching-methods/

Modifications: A modification is any variation in the assessment environment or process that fundamentally alters what the test measures or affects the comparability of test scores.

There are lots of resources that help us define annual goals. They include:

California Career Resource Network (CalCRN) http://www.californiacareers.info/#Lessons

Common Core Anchor Standards, O'NET / My Next Move,

Assessment Strategies: Webbs Depth of Knowledge Taxonomy; Blooms Digital Taxonomy

California Department of Education Searchable Database of standards https://www2.cde.ca.gov/cacs/

Career Clusters Essential Standards, Smart Balance Assessment, Partnership for 21st Century

Freshman Transition Standards (Georgetown University) Standards for Career Ready Practice

Life Skills Inventories, Career-Technical Education Career Ready Standards / foundation standards.

The Zarrow Center for Learning website includes transition assessment and goal generator and self-

determination tools. http://www.ou.edu/education/centers-and-partnerships/zarrow.html

Think College.net: IEP goals to prepare for college readiness

https://thinkcollege.net/sites/default/files/files/resources/TCResource_IEP%20goal%20ideas%202023_R_0.pdf

Expectations - High School Diploma Status - Program of Study

7A. Compliance Requires: Student participation in the IEP

IDEA requires that the IEP is based on the individual child's needs, taking into account the child's strengths, preferences and interests. Regulations: Part 300 / D / 300.320

Indicator 13 requires that the student is invited to the IEP.

The public agency shall invite the child with a disability to attend his or her IEP meeting if the purpose of the meeting will be the consideration of the post-secondary goals for the child and the transition services needed to assist the child in reaching those goals. 34CFR300.37(b)(1)

If the child does not attend the IEP Team meeting the public agency must take other steps to ensure that the child's preferences and interests are considered. 34CFR 300.321(b)(2).

Transition planning is about the student's movement from high school to post-school life. It is based on the student's plans for the future. Therefore the student's input is essential.

The needs and desires of the student and family are the core of the planning process.

The student may need preparation and practice in participating in the meeting.

There are five levels of participation in the IEP (Source: Transition Coalition)

- 1. Student input provided indirectly based on a questionnaire or survey,
- 2. Passive Observer (in the room, avoids the conversation).
- 3. Reluctant participant (responds to direct questions).
- 4. Self-Advocate (practices self-advocacy skills).
- 5. Leader (demonstrates leadership skills in the IEP).

Student Behaviors Associated with Post-School Employment and Education

- 1. Strengths/Limitations: Express and describe personal strengths and limitations; assistance needs
- 2. **Disability Awareness**: Ability to describe disability and accommodation needs.
- 3. **Persistence**: work toward goal until it is accomplished; or after facing adversity.
- **4. Interaction with others**: maintain friendships, work collaboratively with small groups, or teams.
- **5. Goal Setting**: Understand importance of setting goals; set post-school goals that match interests.
- **6. Employment**: Express desire to work, demonstrate job readiness, complete training, get a job.
- 7. Student involvement in IEP: Discuss goals with IEP team, actively lead the IEP. Source: Transition Education Fast Facts, Council for Exceptional Children (2013)

It is important that the student develop knowledge of their disabilities and effective accommodations.

The stigma of having a disability is so strong that approximately 60% of students who had IEPs during high school indicated that they did not have a disability the year after they exited high school. (Newman, Wagner, Cameto, & Knokey, 2009).



Let's Reflect on Student engagement in the IEP

Are your students encouraged to participate in their IEP?
Are they offered training and support to share their story in the IEP?
Is their input and perspective valued by the IEP team?

7B. Best Practices: Student participation in the IEP

Self -Advocacy and Self Determination are essential skills for students with disabilities. They are especially important as agencies that provide post-secondary transition support emphasize person-centered planning.

There are four ways students can be involved in the IEP process:

- Planning the IEP includes laying the foundation for the meeting by identifying strengths, needs, establishing goals, considering options and preparing resources to use at the IEP meeting.
- ❖ Drafting the IEP provides practice in **self-advocacy skills** includes having students write a draft of their IEP that reflects their strengths and needs as well as interests and preferences.
- A Participating in the IEP Meeting: Demonstrate self-advocacy skills. Student has the opportunity to share interests, preferences and needs and participate in the process of developing the transition plan and tell their story.
- Implementing the IEP: Evaluate their own progress toward achieving goals.

Self-Advocacy

Understanding your strengths and needs, identifying your personal goals, knowing your legal rights and responsibilities, and communicating these to others.

Characteristics of Self Determined People

- Awareness of personal preferences, interests, strengths, and limitations
- Ability to identify wants and needs.
- Make choices based on preferences, interests, wants and needs.
- Ability to consider a variety of options and anticipate consequences for their decisions.
- Ability to evaluate decisions based on the outcomes of previous decisions and revise future decisions accordingly.
- Ability to set goals and work towards them.
- Problem-solving skills
- Striving for independence while recognizing interdependence with others
- Self-advocacy skills
- Independent performance skills and ability to adjust performance.
- Persistence
- Ability to assume responsibility for actions and decisions.
- Self Confidence

From A Practical Guide for Teaching Self-Determination, Sharon Field, Jim Martin, et al, Reston VA, Council for Exceptional Children

Employ self-advocacy strategies to prepare students to participate actively in the IEP.

- **Inventory your strengths** areas to improve or learn, goals and choices for learning or needed accommodations. Students complete an inventory sheet they can use at the IEP meetings.
- **Provide inventory information** Use inventory, portfolio, presentation video, etc.
- **Listen and respond** learn the proper times to listen and respond.
- Ask questions- teach students to ask questions when they don't understand something.
- State your goals- students list the goals they would like to see in their IEP.
- Use the IEP as an opportunity to develop self-advocacy and leadership skills.

8A. Mandates: An invitation to representatives of any participating agencies to attend the IEP team meeting

IDEA 2004 stipulates: If appropriate, a representative of a participating agency that is likely to be responsible for providing or paying for transition services should be invited to the IEP team meeting with the prior consent of the parent (or student who has reached the age of majority).

Documentation of the parental consent to invite the outside agency should be maintained. Documentation of the invitation to the outside agency should also be maintained.

The rational used to determine agency involvement is not applicable (NA) should be included:
Refusal by parent or student who has reached the age of majority to consent to agency participation.
The IEP does not list transition services that are likely to be paid for or provided by an outside agency.
It is too early to determine if there is a need for outside agency involvement.

The GAO Report entitled STUDENTS WITH DISABILITIES

Better Federal Coordination Could Lessen Challenges in the Transition from High School From the July 2012 report to the Ranking Member, Committee on Education and the Workforce, House of Representatives

Students with disabilities face several challenges accessing federally funded programs that can provide transition services as they leave high school for post-secondary education or the workforce. These include difficulty navigating multiple programs that are not always coordinated; possible delays in service as they wait to be served by adult programs; limited access to transition services; a lack of adequate information or awareness on the part of parents, students, and service providers of available programs that may provide transition services after high school; and a lack of preparedness for post-secondary education or employment. Prior GAO work identified many of these same challenges, which is indicative of the longstanding and persistent nature of the challenges facing students with disabilities as they transition out of high school.

The primary reasons it is difficult to manage and prepare for transition cited in the report are:

- Lack of coordination of services among programs: Schools are required to invite agencies that provide transition services to IEP meetings, but agencies are not required to attend.
- Delays in services because of differing definitions of disabilities and eligibility criteria; differing assessment requirements and inability to share information.
- Lack of adequate information and awareness of options after high school.
- Inadequate preparation for post-secondary education and the workforce- driven by the emphasis on academic testing causing less time for career-technical and life skills education.

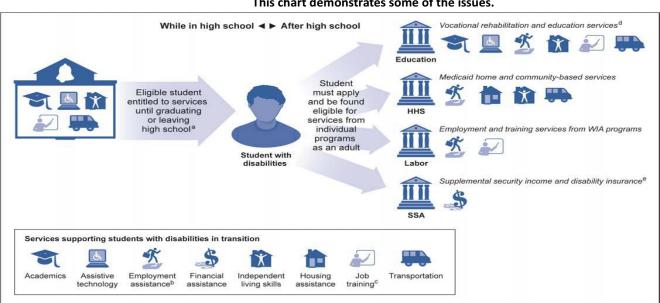
Recently enacted WIOA legislation addresses the connections between transition services and Education, Department of Rehabilitation, and American Job Centers (One Stop Centers).

8B. Best Practices: Parent/family and interagency collaboration

It is important to note that the IEP Team membership includes families, who play a critical role in the transition process. They are typically the coach, mentor, and advocate when the student leaves school. They need to be encouraged to actively engage in the IEP process and the development of post-school goals. They need information and support to access community agencies and resources that support youth they leave school.

A recent GAO report demonstrates the challenges students and families face as they try to navigate agencies after they leave high school. Agencies require students apply for services. They have a narrower focus on transition than the K-12 system. They are allowed to have waiting lists. They also have different definitions of disabilities. Services can vary widely within state systems based on the community resources. Linking youth to agencies while in school make connections easier.

This chart demonstrates some of the issues.



Convene your local Community of Practicecollaborate with the agencies that provide transition services after high school.

Source: GAO analysis of agency documentation, including postings and publications

	Employment	Education/Training	Independent Living
For All	 Department of Labor Employment Dev. Dept. WIOA / American Job Centers California Conservation Corps Job Corps 	Community College/ Universities Military Technical Training Adult Education Regional Occupation Program Short term Certification Community Education	Social Services Public Transportation City and County Housing Health Departments
Disability Specific	Department of Rehabilitation Regional Centers Vendor programs	Community College-Disabled Student Programs and Services (DSPS)	Independent Living Centers/ programs Dial a Ride/Ride on Demand Social Security-SSI

- Partner with agencies in advance of IEP- with parent and student permission.
- Form local / regional Community of Practice or Partnership Groups to address transition.
- Invite agencies to the classroom. Offer Informational workshops, meetings for parents.
- Collaborate with agencies to create a Local Partnership Agreement.
- Create community resource maps and information for students and parents to navigate transition.
- Communicate with transition destinations-Learn what students need to know and do to be ready for the next environment.



Reflection on Collaboration

Are parents welcomed and encouraged to share their perspective? Are agencies that will work with the student after high school invited to the IEP? Is assessment information shared? Is there an effort to coordinate services?

Collaboration among agencies requires effective communication. It is important to hear all perspectives.

These are some common terms that mean different things to different audiences:

When you say	Outcomes	Assessment	Course of Study	Post- secondary Goals	Self-Advocacy	Self Determinatio
Student	Where do I go???	Not Another Test!!!	Classes?	I am not sure what my options are.	If I talk, will they listen?	I am in charge of my future?
Parent	What is out there for my child?	Not another test - more test anxiety! Will it help or discourage?	What classes lead to graduation?	Are these goals realistic?	I want them to listen to me too	Where do I get the information to guide my child to ask for what he or she needs?
General Ed.	College and career readiness	Academic Finals Smarter Balance	Education/ Career Plan	College / University	Pick a university Ask for help	I will guide students to make choices
Special ed.	Post- secondary education and training; employment,	Psycho-ed test Academic test Transition and Career surveys life skills evaluation	Course of study	Goals related to post- secondary education training, work, Independent living	Know your disability Ask for accommodations	Use your initiative to plan your future and share your plans.
College	Persistence - Complete your degree or certificate Transfer from community college	Placement tests Eligibility for DSPS Finals Test for license	Education Plan	Major	Students need to know what classes they want and ask for DSPS services they need.	Responsibility for career and education planning. They must use initiative to ask for help.
Department of Rehabilitation	Employment	Vocational eval. Work Readiness Situational Assessment	What classes or programs relate to employmen t goal	Employment Goal	Can they describe their disability and state their employment goal	Set realistic goals for themselves and advocate for their needs.
Developmental Disabilities Services	Integrated competitive employment Quality life	Eligibility for services Specialized assessments	Classes to earn diploma or certificate	Do you want to leave high school with a diploma or certificate?	Request services when developing a program plan	State goals for the future, Make choices about services to meet needs.
Business	Responsible, Productive Employee with skills to do the job.	On the job evaluation	What training does they employee need	Minimum qualifications for jobs	Speak up. Ask for what you need Disclose your disability	Plan ahead Complete education and training to advance
America Job Centers	Employment	Verification of eligibility	Employmen t plan	Employment	Express your goals and ask for what you need.	What services are provided? Which ones meet my needs?

Appendices

Legislation, Regulations, Rulings that Impact Diplomas for Students with Disabilities

The Every Student Succeeds Act (ESSA) provides guidance that impacts our youth.

It defines the High School Diploma

The term "regular high school diploma:"

- (A) means the standard high school diploma awarded to the preponderance of students in the State that is fully
 aligned with State standards, or a higher diploma, except that a regular high school diploma shall not be aligned
 to the alternate academic achievement standards; and
- (B) does not include a recognized equivalent of a diploma, such as a general equivalency diploma, certificate of completion, certificate of attendance, or similar lesser credential, such as a diploma based on meeting IEP goals.
- The vast majority of students with disabilities should have access to the same high-quality academic coursework
 as all other students in the State that reflects grade-level content for the grade in which the student is enrolled
 and that provides for assessment against grade-level achievement standards. Office of Special Education and
 Rehabilitation, July 2017

(California reports graduation rates based on a five-year cohort).

It defines who is eligible for an alternative diploma.

- Only students with the most significant cognitive disabilities should receive alternative diplomas and only if they have taken the state's alternative assessments.
- No more than 1% of students graduating in a state should receive an alternative diploma.

It is important to remember that a student with a disability may only be exited from special education under the following three conditions: 1) If, after the completion of a special education evaluation, it is determined that the student is no longer a student with a disability: 2). Upon a student's graduation from high school with a regular high school diploma; or 3) Upon the student exceeding the maximum age for receiving special education services.

Authority: 34 C.F.R. § 300.306(a)(1); 34 C.F.R. § 300.102(a)(3)(i); 34 C.F.R. § 300.101(a); and Minn. Stat. § 125A.03

It defines state accountability requirements at the federal level, which resulted in the CA School Dashboard. The Dashboard lists graduation rates for various student populations for each Local Education Agency (LEA) in the state and college and career indicators. The dashboard is based on the data submitted to the central data collection system in the California Longitudinal Pupil Achievement Data System (CALPADS). This is a longitudinal data system used to maintain individual-level data including student demographics, course data, discipline, assessments, staff assignments, and other data for state and federal reporting.

CALPADS designates a Dashboard Alternative School Status (DASS) program for "high risk" students who attend alternative education programs. Special Education is integrated into the DASS data. It is important to be aware of the methods CALPADS uses to evaluate college and career readiness.

California Education Code

- A student who graduates from high school with a regular diploma is no longer eligible for special education and related services (34 C.F.R. 300.102(a)(3); Ed Code 56026.1
- An LEA is obligated to issue a diploma when any student meets regular graduation requirements, and withholding a diploma to meet procedural requirements of the IDEA would be discriminatory. (See Runkel and Anonymous)
- When a student meets graduation requirements, an LEA must only provide the student and parents with adequate notice of graduation and the rights available upon termination of education consistent with the general notice requirements of 34 C.F.R.300.503
- Neither achievement of IEP goals, nor academic proficiency at a 12th grade level is required for graduation with a regular high school diploma. (34 C.F.R. 300.102(a)(3)(iii)

Please note, students with disabilities who earn an alternative diploma continue to be eligible for special education and related services.

Recent Supreme Court Rulings have an impact on diploma issues and the Opportunity to Learn

Endrew F. v. Douglas County School District,

The Supreme Court determined that, "[t]o meet its substantive obligation under the IDEA, a school must offer an IEP [individualized education program] that is reasonably calculated to enable a child to make progress appropriate in light of the child's circumstances." The Court additionally emphasized the requirement that "every child should have the chance to meet challenging objectives."

U. S. Department of Education Advisory

Q 12 How can an IEP Team ensure that every child has the chance to meet challenging objectives?

The IEP must include annual goals that aim to improve educational results and functional performance. for each child with a disability. This inherently includes a meaningful opportunity for the child to meet challenging objectives. Each child with a disability must be offered an IEP that is designed to provide access to instructional strategies and curricula aligned to both challenging State academic standard, content standards and ambitious goals, based on the unique circumstances of that child.

Higher Education Opportunity Act, 2008

Universal Design for Learning (UDL) means a scientifically valid framework for guiding educational practice that —(A) provides flexibility in the ways information is presented, in the ways students respond or demonstrate knowledge and skills, and in the ways students are engaged; and (B) reduces barriers in instruction, provides appropriate accommodations, supports, and challenges, and maintains high achievement expectations for all students, including students with disabilities and students who are limited English proficient. *Higher Education Opportunity Act of 2008*

The Higher Education Opportunity Act of 2008 (HEOA) contains several important provisions that make postsecondary education more accessible and affordable for young adults with disabilities. This is particularly true for students with intellectual disabilities, as the law created new comprehensive transition and postsecondary programs and provided access to federal student aid to this population for the first time. *Rehabilitation Research, Policy, and Education*, v26 n1 p33-42 2012

Local Partnership Agreements

As laws and regulations clearly define roles and expectations related to transition, it is important to create local partnership agreements. The California Blueprint for CIE makes partnership agreements necessary to achieve Real Work for Real Pay in the Real World for students with intellection / developmental disabilities (IDD)

The Local Partnership Agreement Template is available at http://www.chhs.ca.gov/Pages/Competitive-Integrated-Employment-(CIE).aspx These are the essential components of Local Partnership Agreements

- 1. Define the intent and purpose of the collaboration.
- 2. Identify core partners. In terms of CIE, these partners are LEAs, DOR districts and Regional Centers.
- Identify community partners
 Additional partners in transition may include colleges and universities, business partners, social services, juvenile justice, non-profit organizations, including parent groups, social security, career-technical pathways, Adult Education, American Job Centers and other community resources.
- 4. Develop roles and responsibilities with a focus on person-centered planning
- 5. Define referral and intake process
- 6. Coordination of plans: Agencies have planning tools (schools- IEP, DOR-IPE, Regional Center-IPP Other plans are generated for youth through, for example, employment services, juvenile justice, social services and post-secondary education and training programs.

Plans need to be synchronized and avoid requiring duplicate or competing expectations.

- 7. Information Sharing: Youth who reach the age of majority have the right to disclose and not to disclose. It is important to gain their permission to share their information.
 - Examples of information that might be shared include, but are not limited to eligibility documentation, youth plans, assessment Information, education and work histories, employment or transition portfolios.
- 8 Resources: What resources do partners offer? How and when are they available?
- 9. Communication process among partners and information dissemination.
- 10. System measurement or evaluation- Is the partnership working? How has data improved? Have intended outcomes been achieved?

A Transition Guide to Postsecondary Education and Employment for Students and Youth with Disabilities Developed by the Office of Special Education and Rehabilitation Services, May 2017 www.2ed.gov offers a suggested timeline for seamless transition services.

1	IEP	Participate in your IEP or your child's IEP development to ensure that transition services are addressed in your child's IEP by age 16 (or earlier, depending on your state's laws). Students with disabilities and their representatives are critical members of the IEP Team and have valuable information that is needed for quality transition planning.
2	Be Familiar with steps to Transition Planning	Schools should 1. Invite the student. 2. Administer appropriate transition assessments. 3. Determine needs, interests, preferences, and strengths. 4. Develop post-secondary goals. 5. Create annual goals consistent with post-secondary goals. 6. Determine transition services, including courses of study needed to assist your student in reaching those goals. 7. Consult with other agencies, in particular, the VR agency 8. Update annually.
3.	Implementation of transition services	Provide transition services as identified in the IEP. Pre-Employment Transition services are provided under the Rehabilitation Act. Alignment of the IEP and IPE facilitates a seamless transition process.
4.	Referral to VR or other Adult Agencies	 Pre-Employment Transition services provided under the Rehabilitation Act as appropriate. Familiarize yourself with laws related to other programs and Learn about community agencies that provide services to support students, such as travel planning, independent living skills
5.	VR Application process	 Share employment interests and capabilities during the intake interview. Focus on assessment(s) that lead to the student's postsecondary goals.
6.	Individualized Plan for Employment	Once a student is determined eligible for VR services, the IPE must be developed and approved within 90 days, and no later than the time the student leaves the educational setting.
7	Common VR Services under the Rehabilitation Act	1. Transition Services 2. Vocational Counseling 3. Vocational Training 4. Post-Secondary Education 5. Supported Employment Services 6. Career Development and 7. Job Placement
8	VR service Record Closure	As a result of the student or youth with a disability 1. Achieving an Employment Outcome or 2. No longer pursuing an employment outcome, and therefore, determined ineligible for VR services.

VR is Department of Rehabilitation (DOR) in California

Pre-Employment Transition Services:

- 1. Job Exploration Counseling
- 2. Work Based learning experiences, which may include in-school or after-school opportunities, or experience outside the traditional school setting, (including internships) that is provided in an integrated setting.
- 3. Counseling on opportunities for enrollment in comprehensive transition or post-secondary educational programs at institutions of higher education.
- 4. Workplace Readiness training to develop social skills and independent living.
- 5. Instruction in self-advocacy, which may include peer mentoring.

Transition Questions We All Want to Ask

Here is a list of the most common questions regarding Transition in the IEP. This is an abbreviated version. The annotated version has extensive citations of laws and regulations upon which these answers are based. Both documents are available at **www.catransitionalliance.org.** Bob Snowden, Ed. D is credited with the research.

What is the difference between the terms mandate and compliance?

Mandate is defined as a written order or command. The Individuals with Education Act (IDEA) mandates special education law.

Compliance means obeying the law.

Are "best practices" also legally defensible practices?

Best practices are tools or activities used to meet the multifaceted needs of students with disabilities in the educational setting. There exists an evolving array of available research-based strategies and supports that are considered to be best practices. All practices delineated in the student's IEP are legally defensible.

What extra steps are required to ensure the individualized education plan (IEP) is legally defensible?

To ensure the IEP is legally defensible education agencies must comply with federal and state special education laws. Districts must ensure school personnel are knowledgeable about child find; evaluation; IEP development; IEP implementation; provision of FAPE; protection of the rights of children and their parents to procedural due process and safeguards in the evaluation and placement process; and address secondary transition services.

When is an assessment plan required to meet the mandate to provide transition assessments?

For a student aged sixteen and older, if the instrument used for transition assessment is a norm-referenced test of achievement, then an assessment plan is required. If the whole class is assessed for acquisition of criterion-referenced skills or informal assessments to collect data are conducted for individual students, an assessment plan is not required.

Do we need to complete an assessment plan when transition and career exploration are integrated into the class curriculum?

If transition and career exploration are integrated into the class curriculum, and the data is collected on all students using criterion referenced assessments, an assessment plan is not required.

If a student is assessed individually to gather data using norm-referenced test of achievement, then an assessment plan is required.

What is the difference between transition services and career guidance and planning?

The difference between transition services and career guidance is the inclusion of transition planning in the IEP to assist the student in becoming a productive member of his/her community.

Secondary transition services requirement at its inception is an affirmative action-type push to codify career/vocational planning for students with disabilities.

If general education personal growth class offers career planning (like the 10-year plan) could it meet the transition requirements related to assessment, course of study, post-secondary goals?

Yes, general education career planning activities can meet the transition requirements related to assessments, course of study, and post-secondary goals as long as they are documented in the student's IEP.

Are related services required to be listed on the IEP or are they offered as needed? Is transition IEP required to list related services?

Yes, related services are required to be listed on the IEP and transition services is a mandated component of the IEP. It is the **responsibility of the IEP team to consider what** related services the child needs and the detail with which the team specifies them in the IEP.

How do we list post-secondary goals on the IEP if the student refuses to express goals?

Special education law states transition goals and services must be in the student's IEP beginning in the year the student turns 16, or younger if determined appropriate. Getting the student to actively participate in transition planning is not always an easy task. A teacher must be creative in attempts to verify preferences, interests, and goals. Best practices suggest transition planning should take place before the IEP meeting. Since it might involve assessments and multiple meetings there should be ample time allotted for assessments and planning. During the transition planning process there will be many conversations, with many different people. Make sure notes are taken on any conversations with the student, family members, teachers, school administrators, evaluators, service providers, doctors, nurses and/or advocates. It is a good idea to follow up with a brief note or e-mail to confirm what was said about the student's preferences, interests and goals.

How do we find the time to provide transition services if students rarely attend school?

All districts have policies and procedures, in place, for students who are not meeting attendance expectations. Interventions provided to individual students who are not attending school regularly should be tracked and data should be analyzed to determine the effectiveness of the intervention efforts.

Students and families with multiple issues or more intensive problems should participate in School Attendance Review Boards (SARB) or other multidisciplinary teams that include students, their family and school staff such as Student Success Teams (SST).

How do we document transition services for students who are in general education classes 100% of the time and involved in extracurricular activities?

Districts are mandated to document the student's transition services through the IEP process. It is reasonable to document the student's performance in general education classes, and engagement in extracurricular activities as part of transition record-keeping.

Are teachers providing DIS services (e.g., Adaptive PE, speech, and language) required to address transition in their IEPs?

Yes, DIS personnel are required to address transition in the student's IEP. Tie the services to transition topics. For example, the DIS Adaptive PE Services may reference transition goals related the fitness, wellness and recreation; the DIS Language Specialist may reference transition goals related to communication skills required for employment or soft skills- interpersonal skills, cooperation, and listening skills.

The law requires IEPs to address transition at age 16. What is the recommended age to address transition in their IEPs?

Special education law specifically states transitions will begin when the student is "16 years of age, or younger if determined appropriate by the IEP team." Many states require transition services at an early age.

Can we meet the course of study mandate if we attach the four-year education/employment plan developed by school counselors with students?

Yes, a four-year plan by a school counselor can meet the course of study requirement if the counselor is invited to the IEP team meeting and the contents of the plan is documented in the student's IEP.

Can responsibility be assigned to students and/or parents on the transition IEP?

Yes, responsibility regarding aspects of transition services can be assigned to the student and/or parent. Special education law mandates that students and parents are full and equal participants with the district in the development of the IEP. This means they must be invited to the meetings regarding the special education programming for the student and they must have equal voice in developing the program.

Can we state the student participates in A-G courses?

Yes, student progress in A-G courses are an integral part of the IEP process. All teachers keep data on which skills their students have mastered, and special education law requires the utilization of that information to make informed decisions on the instructional needs of the student.

How do we list dual enrollment courses that are typically offered in partnership between the high schools and local community colleges?

Transition services mandate facilitating the movement of the pupil from secondary activities to post-secondary education. Best practice would involve developing a memorandum of understanding between the secondary education system and the community college.

How do we invite agencies to participate in the IEP if our community is small, rural and isolated therefore, lacking agency partners?

Special education law states the school needs to reconvene the IEP team to identify alternative strategies to meet the transition needs of the student. Most service agencies like the Department of Rehabilitation have regional offices that cover large territories. Contact the regional office to invite a representative to a student or group of students who may become clients.

Do we need to document the services agencies provide students?

Yes, all schools need to document the services other agencies provide students with disabilities. A time to collect this type of information is when the parents are interviewed.

What supporting documentation is recommended to document the provision of services listed on the IEP.

When a complaint is filed against a district with the state that claims violation of federal and state special education law, district must provide documentation to support compliance. Depending of the complexity of the complaint, documentation may include, but are not limited to, district forms, policies and procedures, cumulative files, copy of IEPs, referrals, assessments, inventories, reports, notes, minutes of meetings, student progress reports, work samples, report cards, attendance reports, service logs, etc.

How do Student Learn About Strengths, Interest and Assets?

Childhood Early Elementary Schools

Hear stories / Read



Play games!

Solve Puzzles

Explore community with parents!

Family shares stories about jobs

Chores

Play with Peers

Recreation with family

Community recreation program

Middle School / Early High School

Classes that spark an interest.

Explore Interests, hobbies, YouTube, Video Games, Web

Recreation Activities

Family Activities

Youth Organization 4 H, Youth groups

Youth Volunteer Experiences

Sport

High School

Extracurricular / School Organization Activities



Music / Performing Arts

Career Technical Classes

Work Experience

Work Based Learning

Interviews

Internships

Certification for job skills

Mentoring



Preparing Youth for College, Career and Life Success

CAREER AWARENESS

Learn about a Wide Variety of Jobs and Careers.

motivation, consideration of opportunities, and informed Primary Purpose: Explore options in order to foster decision-making.

Classroom and School

*Self-Advocacy Instruction Core Academic Preparation

Web research of careers, interests *Career Interest Assessments

Career Contextual Instruction College and Career Fairs **Guest Speakers**

*Soft Skills (Employment Skills Instruction

* Work-Based Learning

- * Career/Job Fairs
- *Informational Interviews
 - *Youth Entrepreneurship *Service Learning
 - *Career Speakers

Starts in K-8 Grades

*
Pre-Employment Transition Services

CAREER EXPLORATION

Explore, Research and Plan for the Future

Primary Purpose Learning

promote personal development promote higher-order thinking, workplace related knowledge. order to reinforce academics, through real experiences in and deepen career and

Classroom and School

*Career Pathway Courses and Core academic preparation

- *Student Organizations Integrated Curriculum
- *Career Plan Development Career Focused Projects,
- *Career and College Exploration *Job Exploration Counseling

*Work-Based Learning

- *Job shadowing
- *Career Mentoring
 - *Service Learning

Starts in early High School

CAREER PREPARATION

Education and Training Gain Work Experience,

Primary Purpose

Preparing to enter a specific career or job of interest

Classroom and School

Core Academic Preparation

- *Career Technical Programs/courses
- *Career Related Project Based Learning
 - *Student Competitions/Leadership Work-Based Learning

- *Career and Education Plan
- *Career Development Instruction Reflection and Planning

*Work-Based Learning

*Work Experience

Customized Employment

- *Paid and Unpaid Internships, * Informational Interviews
- *Volunteer Experiences *Career Mentor

Starts in grades 11-13

PRODUCTIVE FUTURE

Educated!

Experienced!

Engaged!

Aware!

Skilled!

Connected!

Prepared!

Transition from Cradle to Employment and Adult Life

Roles Po Earn Diploma/	l Roles Powerful Self- Advocate Lifelong Learner Earn Diploma/Meaningful Certificate Enroll Post-Seco	Begin with the End in Mind: Adulthood elong Learner Worker/ Earn Income Cont Enroll Post-Secondary Education/Training Enter Employment	Contributing Citizen Respo	Responsible Family Member tly Participate in Community
Birth - Pre-School	Pre- K - Grade 3	Middle School	High School	Last Year - Early Adulthood
		Youth Leadership Self Advocate	et e	
Express wants, needs Communicate with family, friends Develop social, interpersonal skills	Express choices, preferences Develop sense of self respect Build teamwork skills Take responsibility for self Learn about disability, ask for help	Develop a learner profile of assets Actively participate in IEP Develop awareness of disability Explore accommodations Speak up for what you want, need Ilse accessibility features on nhone	Communicate strengths, needs Explain disability to the IEP team Accommodate self- then seek help Set goals based on informed choices Learn about legal rights, laws	Lead your IEP meeting Take steps to make choices happen Apply for jobs, postsecondary education and training Apply for services accommodations
	Family Role: Parent,	Ally, Life Coach, Mentor, Advocate,	ocate, Support System	
Nurture Encourage development Read Communicate Listen Praise accomplishments Set expectations high Give Choices Play, explore interests, solve puzzles	Encourage friendships, social skills Expect / assign Chores Encourage interest through hobbies, Recreation, youth organizations Learn about disabilities Actively participate in IEPs	Expect positive study habits Encourage volunteer activities Develop problem-solving skills Encourage learning, accepting disability Support development of career interests	Slowly allow freedom Encourage use of self-advocacy skills Travel skills-Navigate the community Move from child to adult health care Encourage decision-making skills Independent living skills-household tasls	Master independent living skills Driver's License Mobility plan to access your community Benefits planning, Financial Literacy Maintain safe social media presence Apply for Independent Living services
Learning Contextual Learning	Universal Design	School-Based Experiences Multi-tiered System of Support Differentiated Instruct	s Differentiated Instruction Accommodations Modifications	
Early knowledge, skills Enrich language skills Communication, Interpersonal skills Explore environment Ercourage social competence	Academic Standards Social-Emotion skills development Pre-employment soft skills (communication, attitude, teamwork, problem-solving	Career Exploration- Research jobs Research education jobs require Use Discovery process to identify interests, skills, talents Service Learning	Academic Standards Career-Technical Education Connect to College - Dual Enrollment Transition/Education/Career Counseling Transition Assessments / Portfolio	Earn a high school diploma Use transition portfolio to apply for employment or for DOR services Apply academic standards and CTE standards to work and education
Self-Awareness	Career Development Work-Base	Work-Based Learning - Collaboration with Business Partners Career Exploration Career Planning Career Preparation	Business Partners Career Preparation Employment	
Observe people doing jobs Talk with child about working Encourage developing skills and interests	College Awareness/ College Fairs Interest surveys Industry Tour Mentors and Role Models Listen to speakers in clasroom	Volunteer Job Shadow Interview people who work Exposure to College and Career options Provide Career, Education guidance	Career Pathway- Stackable Credentials Apprenticeships, Internships Job Search Training -Work Experience Participate in student organizations Match career choices to labor market	Earn Stackable Credentials Apprenticeships, Internships Make informed career/training choices based on your interests, employment options. Avoid pursing obsolete jobs.
Interagency Collaboration: A	Interagency Collaboration: America's Job Center, Department of Rehabilitation, Regional Center, Independent Living Center, College/University, Military, Industry Certification On the Job Training	ilitation, Regional Center, Independent Liv	ring Center, College/University, Military, Inc	dustry Certification On the Job Training

Eligibility Access Local Agreements that define roles, services, contributions, Benefits Planning, Coordinate Wrap-Around Family Services Link to community

Individualized Plans - Common Terminology

Plan	Individualized Education	Individualized Plan for	Individualized Program Plan	Education Plan
	Program (IEP)	Employment (IPE)	(IIPP)	
Legislation	IDEA	WIOA		Higher Education
	504 plan	Disability 504 plan		Opportunity Act
				Disability: 504
Agency	Education	Department of Rehabilitation	Developmental Services	CA Community Colleges
			Regional Centers	Universities
	www.cde.ca.gov	www.dor.ca.gov	www.dds.ca.gov	https://icangotocollege.com
Goals	Define education /	Identify services needed to	Identify supports needed to be	Develop goals, schedule
	transition needs	achieve employment goals	part of the community	and accommodation needs
Assessment	Education evaluations	Interview, Review records	Person-centered plan	Interview,
	Transition Assessments	Person Centered Plan		Review transcript,
	Person-Centered Plan			Assessments
	Family engagement			
Elements	Goals after high school	Employment Outcome: Work Goal	Preferences for living, working.	Education/Career Goal
	Assessments	DOR Services needed to attain goal	 Living preferences 	Classes required to meet:
	Transition Services	Timeline	 Work, education 	 Transfer Degree,
	Course of Study	Roles, Responsibilities	Social / Recreation	 Associate degree
	Annual Goals	Extended service needs	needs.	 Certificate
	Student Engagement	Accommodations	 Medical needs 	Industry
	Interagency		 Services and supports 	Certification
	Collaboration			Request for
				accommodations

Difference between IEP and 504 plan for students in the K-12 system

IDEA – Federal special education law for children with disabilities	504-Federal Civil Rights law to stop discrimination
Plan for Special Education experiencwe in education	Plan for access to learning in school
Provides individualized special education and related services	Provides changes to the learning environment to support learning
El;igibility is based on one of 13 categories of disabilities	Eligibility; Existence of a disability that interferes with ability to learn in
	general education classroom. Broader definition than IDEA.
Created by the IEP team: Parent, General Ed. Teacher, Special Education	Created by a team of people who are familiar with the child, Might be
teacher, Psychologist, Administrator, student	parent, teachers, administrator
IEP set learning goals and must include all elements of a plan	There is no standard plan. Lists accommodations, responsibilities
Notification of change is required	Parents must be notified of significant changes in placement
Parent consent required	Parent consent required
Revised annually; Reevaluation required every three years.	Generally reviewed annually- based on state mandates.
Disputes resolved through mediation, due process, resolution, lawsuit	Dispute resolved through mediation, dispute resolution, hearing, OCR

cte.ed.gov/employabilityskills/ **Employability Skills Framework**

Applied Knowledge

Applied Academic Skills

Critical Thinking Skills **Effective Relationships**

Interpersonal Skills Personal Qualities

Workplace Skills

Resource Management Information use

Communication Skills

Systems Thinking

Technology Use

Universal Skills Employers Seek www.ncwd-youth.info/ilp

Good communication skills

Leadership Qualities

Positive Attitude

Flexibility and Adaptability

High Standard for Performance **Good Work Ethic**

Dependability, Punctuality, Maturity

Acceptance of responsibility

Productivity

Willing to learn and keep learning Ability to analyze and evaluate **Teamwork**

Job Readiness Skills Inventory www.dor.ca.gov

Communication Attitude

Teamwork

Problem Solving & Critical Thinking

Professionalism

Job Seeking Skills

Essential Skills for Employment

Skills required to find, maintain, and advance in all careers Compiled by Sue Sawyer, CA Transition Alliance

Standards for Career Ready Practice

www.careertech.org

Apply appropriate technical and academic knowledge

Develop an education and career plan aligned with personal goals Communicate clearly, effectively and with reason

Apply technology to enhance productivity

Utilize critical thinking to make sense of problems and persevere to solve them.

Practice personal health and understand financial literacy

Act as a responsible citizen in the workplace and community

Model integrity, ethical leadership and effective management

Work productively in teams while integrating cultural and global competence

Demonstrate creativity and innovation

Employ valid and reliable research strategies

Understand environmental, social and economic impact of decisions

www.npr.org Non-Academic Soft Skills: What Should We Call Them?

Growth Mindset, Grit Social and Emotional Skills, Soft Skills, 21st Century Skills, Non-cognitive Traits and Habits, Character,

www.P21.org P21 Framework for 21st Century Learning

Key Interdisciplinary Subjects

Global Awareness, Civic, Financial, Health, Environmental Literacy

Learning and Innovation Skills

Creativity, Critical Thinking, Communication, Collaboration

Information, Media and Technology Skills

Information Literacy, Media Literacy, ICT (Info, Communication and Technology

Life and Career Skills Literacy)

Flexibility & Adaptability, Initiative & Self-Direction, Social & Cultural Skills, Productivity & Accountability, Leadership & Responsibility

www.askjan.org **Executive Functioning Skills**

Cognitive skills

Pay attention to, remember details Organize,

Start and stop actions, Form concepts, think abstract

Behavior & Social Skills

Monitor, regulate behavior

Plan future behavior related to new tasks Anticipate outcomes, adapt to change

www.catransitionalliance.org Blue = applied academic skills Chart is available at **Chart Legend**

teaching/training resources Green = website includes

Red = soft skills

Matters, www.cccco.edu

Equipped for the Future http://eff.clee.utk.edu/

Communication

Observe, convey ideas in writing Listen actively, Speak, Read

Decision-Making

Use Math to solve problems Plan and solve problems

Make decisions

Interpersonal Skills

Cooperate Resolve conflict Advocate & Influence

Guide Others

Lifelong Learning Skills

Use information/communications Take Responsibility for Learning

Learn through research

technologies

Reflect and Evaluation

Essential Skills for Getting a Job Soft Skills to Pay the Bills www.dol.gov/odep

Enthusiasm & Attitude Communication Skills

Teamwork

Networking

Problem Solving & Critical Thinking

Professionalism

Labor Market Information identifies potential for opportunity and wages. Technical skills for each occupation: www.edd.gov/Imid and Doing What My Next Move mynextmove.org industries /careers with highest O'NET www.onetonline.org



Essential Life Skills for All Teens

Independent Living Skills

Plan, shop for Healthy Diet

Food Skills

Use Kitchen Appliances

Cook Balanced Meal

Prepare, Store Food

At Home Skills

Locate, use Water Furnace Shut-off Arrange Rent, Utilities, Phone Find a Circuit Breaker/use it **Basic Routine Maintenance** Locate Housing options Clean, Vacuum, Dust Fix Basic Plumbing

Financial Literacy

Use a Bank and/or ATM/ On-Line Banking Understand Gross/Net pay, Deductions Open, Use, Balance Checking Account Keep track of documents file taxes Apply for Credit Card, use wisely Make a Budget -- stick to it Benefits Planning Saving Account,

Citizenship

Participate in Community Activities Be Environmentally Responsible Comply with Laws, Regulations Register to Vote, Vote Volunteer

Use Technology at Work, Home, Socially

Use Social Media Responsibly **Know Cyber Presence** Cell Phone Message & Ringtone should Leave a Good Impression Validate Sources of Information

Maintain Safe Identity

Maintain Current Knowledge of Technology/Applications

Community Access **Transportation**

Drive/Maintain Car & Driver's License

Know Options (Bus, Taxi, On-demand)

Community Access

Know Routes, Pick-up Points

Know Schedules

Use Public Transportation

Buy Car, Buy Insurance Registration

Pump gas

Maintain Vehicle Oil, Fluids Follow Traffic Laws/Safety Maintain, Change Tires,

Social / Recreation

Community Orientation

Know Landmarks

Read a Map/ Use GPS

Know Options

Develop, Maintain Healthy Family Relationships Explore Social/Recreational Opportunities Develop, Maintain Healthy Friendships Pursue Hobbies, Recreational Interests

Postsecondary Options

Education/Training Explore Career &

Options

Investigate

Learn About Talents Self-Interests, Skills, Personality

Laundry -- Follow care labels, treat stains

Fold, put away Clothes

Iron Garments

Maintain Personal Appearance

Basic Clothing Repair (buttons, hems) Personal Appearance Skills

Research/

Find the Job that is Right

for YOU!

Reflect on

Insights Gained

Learn Skills

Maintain Healthy Diet Use Medication Safely

Basic First Aid

Prepare:

Health and Wellness

Explore Options -- Job Center, Web Postings Explore Postsecondary Education Options Apply Decision-Making Skills

Use Labor Market Info. to guide choices Develop Resume

Develop Your

Personal

Career Plan

ADVOCATE YOURSELF!

Test the Waters: Gain Experience

Make Healthy Lifestyle Choices

Routine Exercise

Maintain Hygiene/Grooming Be aware of Personal Safety

FOR

Submit Applications/Resume on-line Interview skills

Interpersonal Skills (Leadership, Social Skills, Teamwork) Communication Skills (Listen, Speak, Customer Service)

Self Determination & Self Management

Know Yourself -- Your Strengths, Limitations

Manage Your Time

Set Priorities

Believe in Yourself

Balance Your Responsibilities and Priorities.

Monitor Your Performance

Advocate for Yourself to Meet Your Needs

Learn from Mistakes

Adapt and Accept Change

Thinking Skills (Analyze, Prioritize, Visualize, Problem Solve) Application of Core Academic Skills Use of Technology

Understand Value of Lifelong Learning Manage Resources, Time

Be A Lifelong Learner: Be curious & interested to learn new things or apply old info in new ways

Learn From and With Others -- Share what you Learn – Recognize You are Not "The Expert" Seek Opportunities to Learn - in Classroom, with Computers, with Books, with People Take in Information – Analyze it, join it with other Information, then apply it

Employability Skills

Personal Qualities / Work Ethic

Be Adaptable